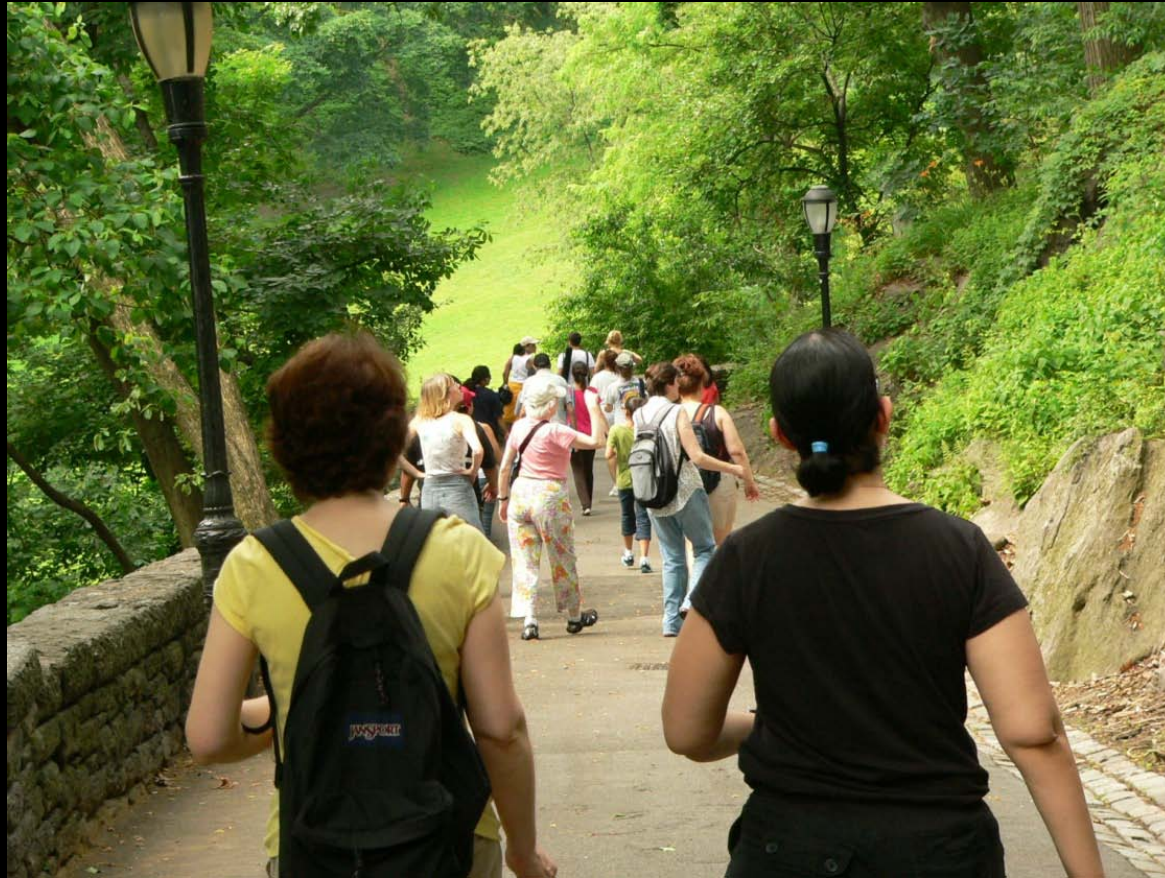


# Northern Manhattan Trails



City of New York  
Parks & Recreation  
Michael R. Bloomberg, Mayor  
Adrian Benepe, Commissioner



Northern  
Manhattan Parks  
600 acres of  
parkland

60 miles of  
pathways and  
perimeters

Over 1/3 of the  
District is Open  
Space



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# Manhattan Waterfront Greenway



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# Highbridge Mountain Biking Course

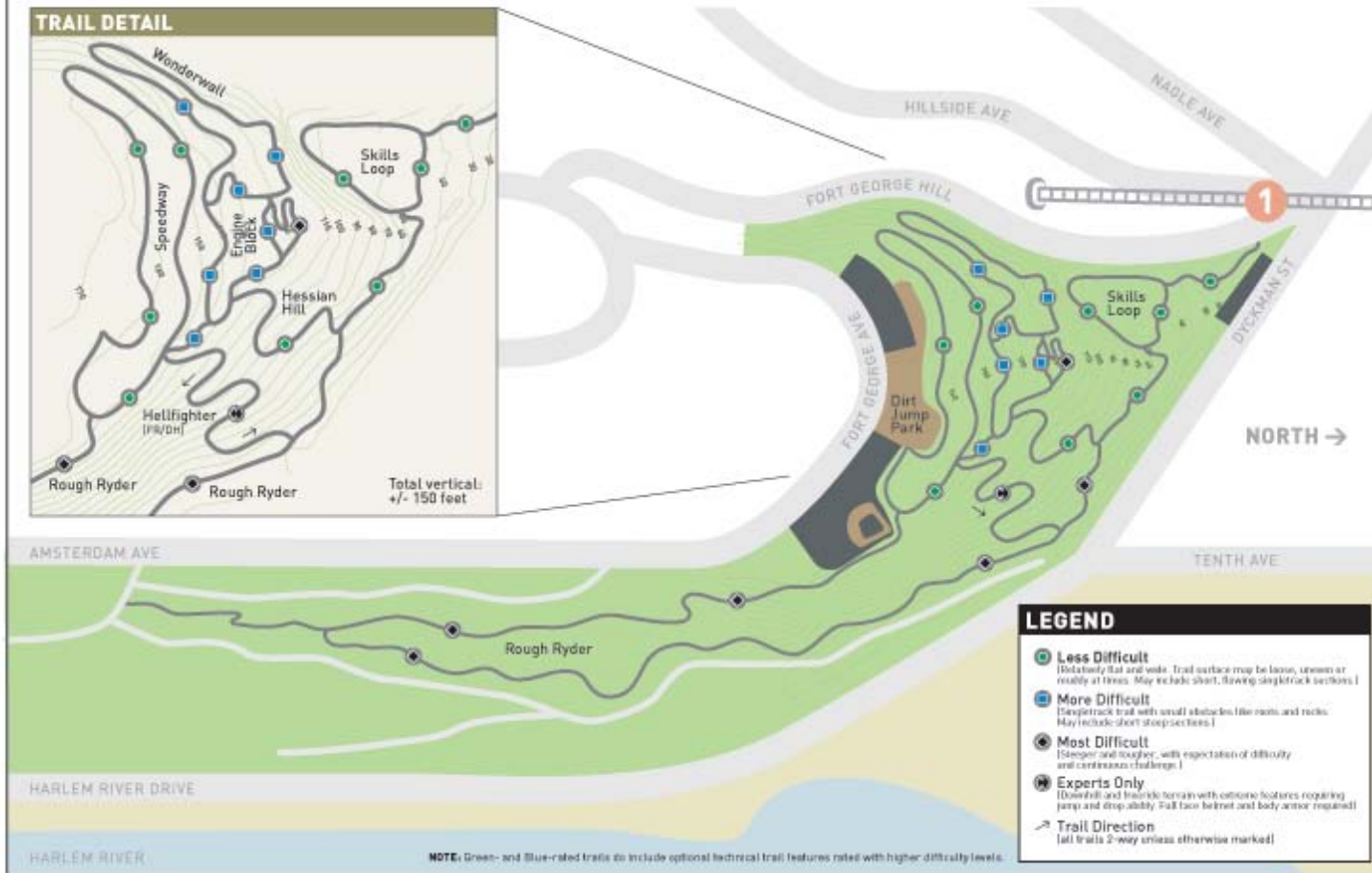
NYCMTB Trail Map:  
**FT. GEORGE HILL TRAILS**  
 [ Highbridge Park, Inwood, Manhattan, NY ]



City of New York  
 Parks & Recreation



## TRAIL DETAIL



## LEGEND

- Less Difficult**  
 (Relatively flat and wide. Trail surface may be loose, uneven or rocky at times. May include short, flowing singletrack sections.)
- More Difficult**  
 (Singletrack trail with small obstacles like roots and rocks. May include short steep sections.)
- Most Difficult**  
 (Steeper and rougher, with expectation of difficulty and continuous challenges.)
- Experts Only**  
 (Downhill and technical terrain with extreme features requiring jump and drop ability. Fall face helmet and body armor required.)
- Trail Direction**  
 (all trails 2-way unless otherwise marked)

NOTE: Green- and Blue-rated trails do include optional technical trail features rated with higher difficulty levels.

MAP DESIGN BY JAMIE BOGNER



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# Highbridge BMX Course



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# Highbridge Access Trail



# Highbridge Access Trail



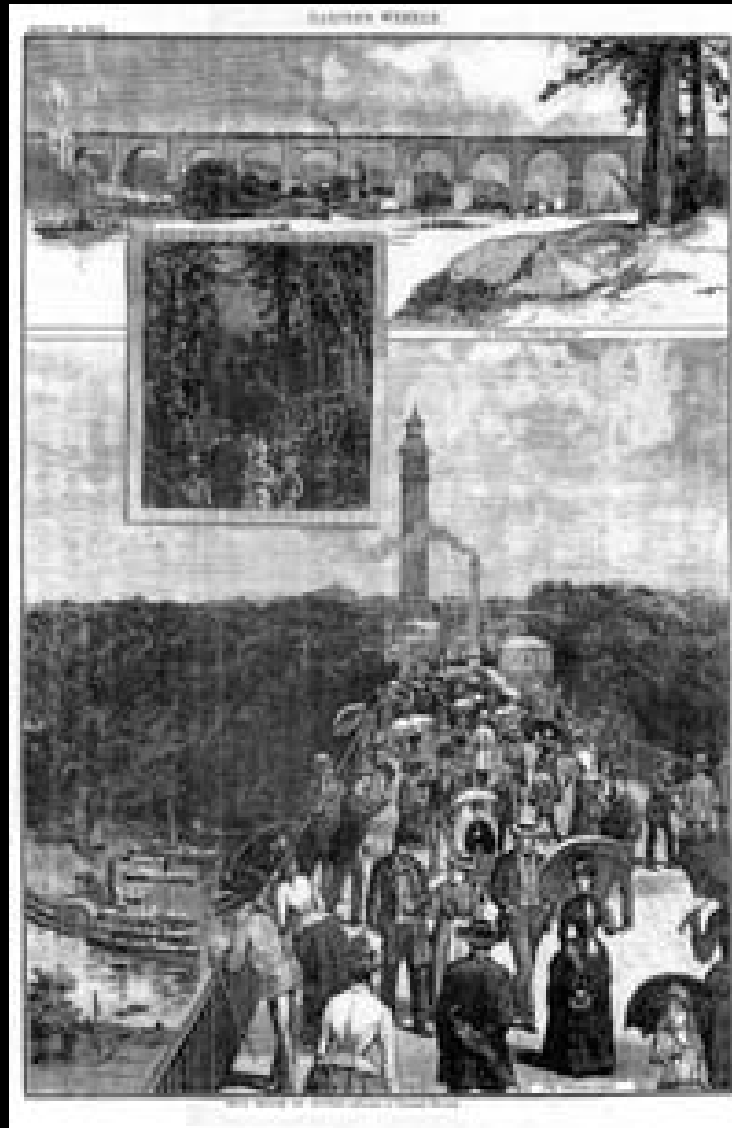
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# Northern Manhattan Parks



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# Northern Manhattan Trails



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